

名古屋大学 保健管理室

Nagoya University Health Administration Office

操作マニュアル

Manual

健康診断サイトへアクセスする

Access the website for the annual health checkup.

URL : <https://gakukensin.htc.nagoya-u.ac.jp/mcr/index>

サイトへアクセスすると、以下の画面が表示されます。

Once you access the website, you will be directed to the following page.

○本人情報

Your Information

性別は必ず入力してください

Make sure to select your gender.

○確認(連絡先情報)

Contact Information

名古屋大学 保健管理室 School year 1 year student

Contact information

We may contact you from this number "0527893970" if needed.

- Contact information
- Lab ext No.

確認(連絡先情報)は、「連絡先」または「内線」のどちらかを必ず入力してください。

For your contact information, enter either a phone number or extension number at which you may be reached.

○予約情報

Appointment Information

Appointment information

- Time and date of appointment None



○問診開始

Start of the History Taking

全て入力が完了後、「問診」ボタンをクリックしてください。

Once you have finished filling in your information, click “History taking” to proceed to the next step.

ボタンをクリック後、以下画面が表示されます。

After you click “History taking”, the following dialogue box will appear on your screen:

問題がなければ、「OK」ボタンをクリックして下さい。

If you would like to proceed to the next step, click “OK.”

修正点があれば、「キャンセル」ボタンをクリックしてください。

If you would like to correct your information, click “Cancel.”

×

サイトからのメッセージ

These contents will be registered as your information.
When you are ready, push the OK button.

「OK」 ボタンをクリック後、以下の画面が表示されます。

After you click “OK,” the following page will appear.

名古屋大学 保健管理室

Form for annual health checkup

X-ray

• I want to have a chest X-ray test.

☒ YES

☐ NO

○X 線撮影

X-Ray

X-ray

• I want to have a chest X-ray test.

☒ YES

☐ NO

「いいえ」を選択した場合は、「妊娠中」または「来年 3 月までに該当するすべての項目の 3 つ」にチェックをしないと X 線撮影の希望を「いいえ」にすることができません。

Even if you do not wish to have a chest X-ray, you cannot select “No” if either you are not pregnant or even one of the three items stated below does not apply to you during the period until next March.

X-ray

• I want to have a chest X-ray test.

☐ YES

☒ NO

☐ pregnant

Check everything which you are assigned during the period until next March.

☐ I do not need certifications for scholarship, entering dormitory, student activities or job hunting.

☐ I will not be engaged in radiation-related experiments or training.

☐ I will not be using hazardous substances in experiments or training.

※ If you do not have any checks above, please take chest X-ray test.

どちらかのチェックが必ず必要です

You must check either of these options.

下の場合、3 つともチェックが必要です

In the case you are not pregnant, the boxes for the three items must all be checked.

History Taking

history taking		
	• Previous medical history. ■ all nothing	
	• heart disease ● YES times/year ● In the past ● none *0.5step	
	• liver disease ● YES times/year ● In the past ● none *0.5step	
	• kidney disease ● YES times/year ● In the past ● none *0.5step	
	• diabetes ● YES times/year ● In the past ● none *0.5step	
	• tuberculosis ● YES times/year ● In the past ● none *0.5step	
	• pneumothorax ● YES times/year ● In the past ● none *0.5step	
	• asthma ● YES times/year ● In the past ● none *0.5step	
	• thyroid disease ● YES times/year ● In the past ● none *0.5step	
	• epilepsy ● YES times/year ● In the past ● none *0.5step	
	• high blood pressure ● YES times/year ● In the past ● none *0.5step	
	• other (please specify) ● YES times/year ● In the past ● none *0.5step ※if you check anything except for "none", please write down the disease name.	
	• Persistent cough for more than 2 weeks. ● YES ● NO • Have you had a loss of consciousness in the last year. ● YES ● NO ※if yes, please write down the cause.	

Please enter the name of the illness in the box below if you answered options other than “none” in the “Other” field.

ここに病名を入力してください
Enter the name of the illness
here.

If you answer “Yes” to the question “Have you had a loss of consciousness in the last year”, please state the reason in the box below.

ここに原因を入力してください
Enter the reason here.

Lifestyle

Lifestyle

• Tobacco smoking

everyday

sometimes

none

• Alcohol drinking

everyday

sometimes

none

• Physical exercise

everyday

sometimes

none

• Sleeping hours

h *0.5step

• Have breakfast

everyday

sometimes

none

• About a living

home

Single life

dormitory

others

○最近感じること

What you feel recently

What you feel recently

- Do little trivial things bother you?
☐ YES ☐ NO
- Do you easily get irritated?
☐ YES ☐ NO
- Do you have trouble falling asleep and do you often wake up soon after you sleep?
☐ YES ☐ NO
- Do you care more than enough about your health?
☐ YES ☐ NO
- Do you tend to repeat the same movement or does the same notion always stay in your head?
☐ YES ☐ NO
- Do you feel isolated from your surrounding?
☐ YES ☐ NO

What you feel in the future

- Do you feel other people can read your mind when you do not want them to read your mind?
☐ YES ☐ NO
- Do you feel your smell or your gaze bothers other people?
☐ YES ☐ NO
- Do you feel other people try to ignore you? Do you feel they are always watching you?
☐ YES ☐ NO
- Do you feel absent-minded and have no intention to do anything?
☐ YES ☐ NO
- Do you strongly feel isolated?
☐ YES ☐ NO
- Do you feel you want to commit suicide?
☐ YES ☐ NO

○医師への相談

Consultation

Consultation

• Do you have any concerns which you want to ask a doctor.

☐ YES ☐ NO

※ If you would like to talk with doctors ,please enter your problems in this field.

Registration of health sheet

Back

「はい」を選択した場合は、相談したい内容を入力してください。

If you answer “Yes,” enter the details of your consultation in the box below.

The screenshot shows a form titled "Consultation". Below the title is a question: "Do you have any concerns which you want to ask a doctor." There are two radio buttons: "YES" (which is selected and highlighted with a green box) and "NO". Below the radio buttons is a text input area with a placeholder text: "※ if you would like to talk with doctors ,please enter your problems in this". A red box highlights this input area. To the right of the red box is a callout box with the text: "入力または、医師に直接相談してください Please enter your consultation here or directly consult with a doctor on the day of the health checkup."

○健康調査情報登録

Registration of health sheet

全て入力が完了後、「健康調査情報登録」ボタンをクリックしてください。

Once you have finished filling out the forms, click “Registration of health sheet.”

The screenshot shows the bottom of the form with two buttons: "Registration of health sheet" and "Back". A red box highlights the "Registration of health sheet" button. To the right of the red box is a callout box with the text: "「本人情報」画面に戻ります You will be returned to the Personal Information page."

ボタンをクリック後、以下画面が表示されます。

After you click the button, the following dialogue box will appear.

問題がなければ、「OK」ボタンをクリックして下さい。

If you would like to proceed to the next step, click “OK.”

修正点があれば、「キャンセル」ボタンをクリックしてください。

If you would like to correct the information, click “Cancel.”

The screenshot shows a dialog box titled "サイトからのメッセージ" (Message from the site). The text inside says: "These contents will be registered as your health sheet. When you are ready, push the OK button." There are two buttons at the bottom: "OK" (highlighted with a red box) and "キャンセル" (Cancel).

「OK」ボタンをクリック後、以下の画面が表示されます。

After you click “OK,” the following page will appear.

Form for annual health checkup

Please choose an applicable thing (Japanese)

Your information

• International Development	[学部名]
• Student number	9999999999
• Furigana	[セイ] [メイ]
• name	[姓] [名]
• Sex	woman
• School year	1 year student

○健診日予約

Appointment information

Appointment information

• Time and date of appointment None



Appointment

Cancel

Result

「予約」ボタンをクリック後、以下の画面が表示されます。
After you click “Appointment”, the following page will appear.

○健診日予約スケジュール

Make an appointment for a health checkup

Make an appointment for a health checkup.

Select the date and time when you want to have a health checkup.

2018/08/20 [OPEN]

2018/08/21 [OPEN]

Back

「本人情報」画面に戻ります。

You will be returned to the Personal Information page.

日付の箇所をクリックすると、空いている時間が表示されます。

If you click a date, the available time slots for that day will appear.

予約したい時間をクリックしてください。

Click the time you wish to make your appointment.

◎、○：空きあり △：残りわずか ×：空きなし

◎、○： Available △： Few slots remaining ×： Not available

2018/1/10 [OPEN]

10:00(◎)	10:20(◎)	10:40(◎)	11:00(△)	11:20(◎)
11:40(◎)	13:00(×)	13:20(◎)	13:40(◎)	14:00(◎)
14:20(◎)	14:40(◎)	15:00(◎)	15:20(◎)	15:40(◎)
16:00(◎)				

時間をクリック後、以下画面が表示されます。

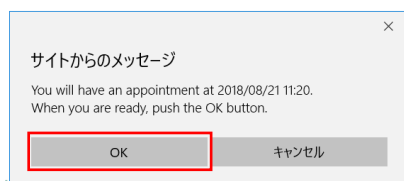
After you click a time, the following dialogue box will appear:

問題がなければ、「OK」ボタンをクリックして下さい。

If the appointment date and time are acceptable, click “OK.”

修正点があれば、「キャンセル」ボタンをクリックしてください。

If you would like to change the appointment date or time, click “Cancel.”



○健康調査票

Form for Annual Health Checkup

「OK」ボタンをクリック後、以下の画面が表示されます。

After you click “OK”, the following page will appear.

この画面では、「健康調査票ダウンロード」、「予約取消」、「診断結果の確認」を行うことができます。

On this page, you can “download the annual health checkup form,” “cancel appointment,” and “view health checkup results.”

名古屋大学 保健管理室

Form for annual health checkup

Please choose an applicable thing (Japanese)

Your information	
• International Development	[学部名]
• Student number	9999999999
• Furigana	[セイ] [メイ]
• name	[姓] [名]
• Sex	woman
• School year	1 year student

Contact information

○健康調査票ダウンロード

Download the Annual Health Checkup Form

「健康調査票ダウンロード」をクリックすると、健康調査票のダウンロードができます。

If you click “Form for annual health checkup download”, the annual health checkup form will be downloaded.



「健康調査票ダウンロード」をクリック後、以下画面が表示されます。

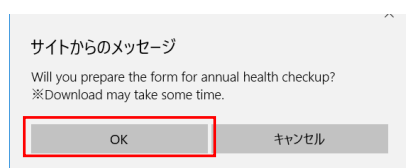
After you click “Form for annual health checkup download,” the following dialogue box will appear.

問題がなければ、「OK」ボタンをクリックして下さい。

If you proceed to download the form, click “OK.”

問題があれば、「キャンセル」ボタンをクリックしてください。

If you would like to go back, click “Cancel.”

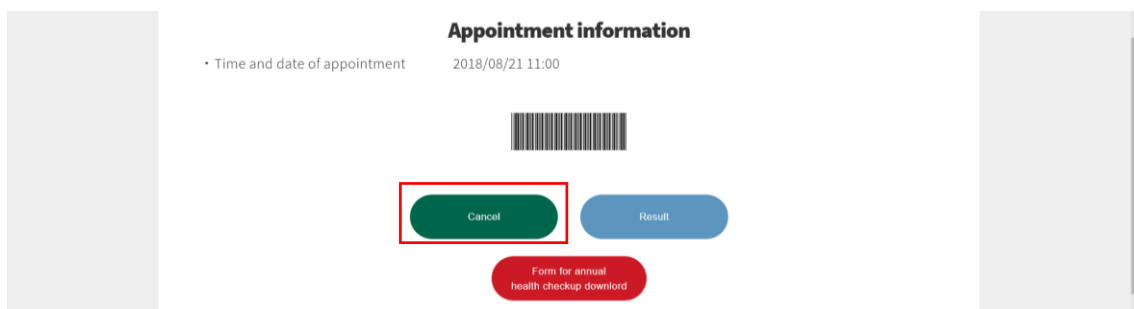


○予約取消

Cancel Appointment

健診予約を取り消したい場合は、「予約取消」ボタンをクリックしてください。

If you wish to delete your appointment, click “Cancel.”



「予約取消」ボタンをクリック後、以下画面が表示されます。

After you click “Cancel,” the following dialogue box will appear.

取り消したい場合は、「OK」ボタンをクリックして下さい。

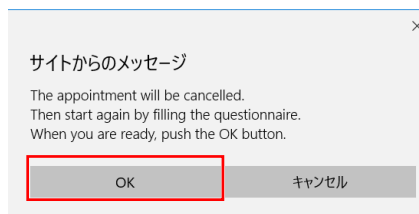
If you wish to delete the appointment, click “OK.”

→「名古屋大学」のウェブサイトに移動します。

You will be directed to the Nagoya University website.

変更しない場合は、「キャンセル」ボタンをクリックしてください。

If you do not wish to delete the appointment, click “Cancel.”

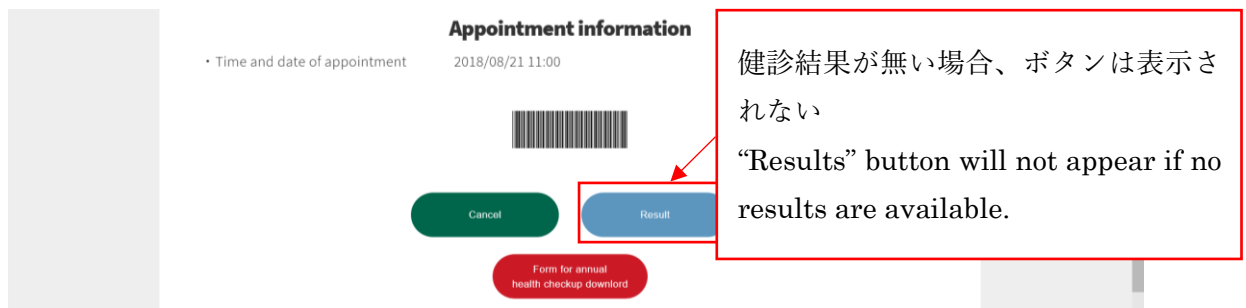


○診断結果の確認

Confirmation of the health checkup results.

「診断結果」を確認したい場合は、画面の一番下にある「健診結果」ボタンをクリックして下さい。

If you wish to view the results of the health checkup, click “Results” at the bottom of the page.



「健診結果」ボタンをクリック後、以下画面が表示されます。

After you click “Result”, the following page will appear.

○診断結果

Result of Health Checkup

健康診断結果 Result of Health Checkup

[2018/03/10](#)

[2017/03/10](#)

[2016/03/10](#)

Back

「本人情報」画面に戻ります。
You will be returned to the Personal Information page.

日付をクリックすると、健康診断結果が表示されます。

After you click a date, the results of the health checkup will appear.

健康診断結果 Result of Health Checkup

学生番号 Student number	9999999999
受診日 Date of examination	2018/03/10
身長 Height	159.5 cm
体重 Body weight	76.0 kg
尿 Urine	
・蛋白 Protein	異常なし Normal
・潜血 Occult blood	異常なし Normal
・糖 Glucose	異常なし Normal
血圧 Blood pressure	100 - 200 mmHg

視力 Visual acuity

右 Right : 1.5 (1.5) 左 Left : 1000 (1.5)

胸部X線 Chest radiography

テスト ※

※	
正常	Normal
有所見 (放置可)	Within normal limits
要診察	Clinical examination required
対象外	No need

判定を含む詳細については証明書発行機などで御確認ください

Please confirm detailed data and advices by the certificate printed from an issuing machine.

Back

前の画面に戻ります。

You will be returned to the previous page.