

1. If your child's class is closed due to covid-19

Please telework as much as possible until your child's class is closed.
Please refer to the following with or without your child's symptoms.
Please give priority to the instructions of the health center.

Your child has no symptoms.



If there are no symptoms in the child and the family after 5 days from the start of the class closure or when the closure is lifted, the child will return to normal life.

Your child has symptoms.



- When it is difficult to take sufficient infection control measures
→ Telework for 7 days from the onset of your child's illness (including weekends)
- When sufficient infection control measures are available
→ Telework for 5 days from the start of adequate infection control

★ If a parent (a Nagoya University faculty or staff member) develops symptoms during the period. Go to p.5

2. If you received a Cocoa contact app notification

If there is no change in your physical condition (including mild ones such as fatigue, sore throat, etc.) and there is no obvious contact with positive people such as at a dinner party, please lead a normal life, paying attention to the following points.

- Do not eat with others for about 7 days.
- Do not talk without a mask.
- Do not talk for more than 15 minutes in close proximity.

If symptoms appear, see p. 6.

✕If you are asymptomatic, antigen test is not recommended due to the possibility of false positive results.

3. If you think you may be a close contact...

We apologize for troubling you when you may be feeling unwell, but we must ask for your cooperation so that we can identify possible contacts and prevent the spread of infection.

- ① Close contacts must quarantine at home for 5 days, with the last day of contact with the person testing positive counting as Day 0.
- ② Fill in the "Behavioral Survey Form (Excel)" and send it by email to **the Behavioral Survey Management Team** (nucoronateam@adm.nagoya-u.ac.jp) .

*The Behavioral Survey Form can be downloaded here: : <https://nuss.nagoya-u.ac.jp/s/k3ko7YsiELAqtKz>

※Please do not send it to "hokekan@htc.nagoya-u.ac.jp".

- (③ The Health Administration Office will conduct interviews individually as necessary.)
- ④ If the close contact has come into close contact with somebody since the day after coming into contact with the person testing positive (people at risk of becoming a close contact of a close contact), please tell them to be careful not to infect others for about one week (from the day of contact with me).
[Don't eat together, don't talk without a mask, don't talk at close quarters for more than 15 minutes.]

[Examples of close contact]

If you have, in the period since two days before the person testing positive developed symptoms, done any of the following:

- talked or ate together without a mask (including eating lunch or snacks together);
- been together in close quarters (within arm's length) for more than 15 minutes, even with a mask on;
- spent a considerable amount of time (about an hour) in a small and poorly ventilated room, even with a mask on;
- spent more than 30 minutes in a car without ventilation, even with a mask on;
- lived together (including in a dorm or other shared housing with a common area).

※If you have tested positive or feel unwell, please contact the Health Administration Office (hokekan@htc.nagoya-u.ac.jp) by email.

4. If a family member living with you has the disease

We apologize for troubling you when you may be feeling unwell, but we must ask for your cooperation so that we can identify possible contacts and prevent the spread of infection.

- ① Close contacts must quarantine at home for 5 days, with the last day of contact with the person testing positive counting as Day 0.
 - *If you become a close contact because a family member living with you becomes positive (off-campus), the waiting period at home is as follows.
 - If sufficient infection control measures can be taken in the home, the period is 5 days, with the day of the start of sufficient infection control measures as day 0.
 - If sufficient infection control measures can be taken at home, the period is 7 days, with the day of onset of symptoms of the positive person as day 0.
- ② Fill in the "Behavioral Survey Form (Excel)" and send it to the Health Administration Office (hokekan@htc.nagoya-u.ac.jp) by email.

*The Behavioral Survey Form can be downloaded here: : <https://nuss.nagoya-u.ac.jp/s/k3ko7YsiELAqtKz>
- ③ The Health Administration Office will interview each person individually.
(This might be skipped for those who have not attended school or who have completed the quarantine period.)
- ④ If the close contact has come into close contact with somebody since the day after coming into contact with the person testing positive (people at risk of becoming a close contact of a close contact), please tell them to be careful not to infect others for about one week (from the day of contact with me).
[Don't eat together, don't talk without a mask, don't talk at close quarters for more than 15 minutes.]

[Examples of close contact]

If you have, in the period since two days before the person testing positive developed symptoms, done any of the following:

- talked or ate together without a mask (including eating lunch or snacks together);
- been together in close quarters (within arm's length) for more than 15 minutes, even with a mask on;
- spent a considerable amount of time (about an hour) in a small and poorly ventilated room, even with a mask on;
- spent more than 30 minutes in a car without ventilation, even with a mask on;
- lived together (including in a dorm or other shared housing with a common area).

※If you have tested positive or feel unwell, please contact the Health Administration Office (hokekan@htc.nagoya-u.ac.jp) by email.

※If you have two or more children for whom it is difficult to take adequate infection control measures, please consult with the Health Administration Office.

5. If the person shows symptoms

If symptoms appear, please contact us in advance and seek medical attention.

We apologize for troubling you when you may be feeling unwell, but we must as for your cooperation so that we can identify possible contacts and prevent the spread of infection.

- ① Those who have tested positive must quarantine at home for 7 days.
- ② Fill out the "Behavioral Survey Form (Excel)" and email it to the **Health Administration Office** (hokekan@htc.nagoya-u.ac.jp).

*The Behavioral Survey Form can be downloaded here: : <https://nuss.nagoya-u.ac.jp/s/k3ko7YsiELAqtKz>

- ③ The Health Administration Office will interview each person individually.
(This might be skipped for those who have not attended school or who have completed the quarantine period.)
- ④ Anyone who has tested positive should request their close contacts to comply with the following three points.
 - Close contacts must quarantine at home for 5 days, with the last day of contact with me (the person testing positive) counting as Day 0.
 - Please fill in the "Behavioral Survey Form (Excel)" and send it by email to the Behavioral Survey Team (nucoronteam@adm.nagoya-u.ac.jp).
 - If the close contact has come into close contact with somebody since the day after coming into contact with me (the person testing positive), please tell them to be careful not to infect others for about one week (from the day of contact with me).

[Don't eat together, don't talk without a mask, don't talk at close quarters for more than 15 minutes.]

[Examples of close contact]

If you have, in the period since two days before the person testing positive developed symptoms, done any of the following:

- talked or ate together without a mask (including eating lunch or snacks together);
- been together in close quarters (within arm's length) for more than 15 minutes, even with a mask on;
- spent a considerable amount of time (about an hour) in a small and poorly ventilated room, even with a mask on;
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